

SAINTGITS COLLEGE OF ENGINEERING

SPORTS POLICY

1. Introduction

Sports are a way of life for students in college and there is an urgent need to promote it in a systematic manner to achieve optimum results. In order to achieve excellence in sports, both at the University and National level, there is a need to streamline the functioning of the Sports Department and adopt a uniform policy in consultation sports and games are broad based in the college.

2. Vision

To make college vibrant, leading-edge State in the sports arena duly recognizing the students as the central character of all sporting activities;

To create adequate sports infrastructure; raise the standard of sports in the college; promote all games; adopt maximum disciplines of the Games and sports; broad base sports; synergize the activities of the Sports Department

To promote the cause of healthy living among all sections of the society; promote the spirit of sportsmanship, camaraderie and self-discipline;

To harness talent at the grassroots level; nurture the potential talent and achieve excellence at both the National and university level.

3. Objectives

3.1 To provide equal opportunities to all students in the college for participation in sports

3.2 To promote excellence in sport with the athlete as the central character;

3.3 To develop, maintain and optimally utilise high quality sports infrastructure;

3.4 To encourage, train and support talented sports persons in large numbers;

3.5 To lay special emphasis on strengthening of infrastructure in college

3.6 To create a culture of sports by imbibing higher moral and ethical values, spirit of sportsmanship and camaraderie and thereby raise the level of desire to excel among the students of the college;

3.7 To channelize sports activities as a vehicle to help the people of the State to achieve at least a minimum level of physical fitness;

3.8 To recognise talent in sports and reward them for achieving excellence in sports;

3.9 To recognise special needs of the differently-abled and facilitate their participation in sports and games;

4. Approach

4.1 As the prime mover of any sporting activity, the Athlete would be central character of this Policy. The Sports Department shall take steps to further this Policy recognising this very fact and work towards providing the best of facilities to the Athlete by adopting a professional approach and ensuring that the following factors finds place in any sports promotion scheme:

4.2 On the ground level, the promotion of sports shall be a varying combination of an outreach, bottom-up approach and internationally accepted best practices. It shall involve use of local facilities, building on existing strengths and traditions, involving local people and adopting a need-based approach for overall sports development;

4.3 The Sports Department shall work to substantially improve the quality of and access to basic sporting facilities such as play grounds, open spaces or stadiums;

4.4 Emphasis shall be on early identification of talent and supporting them adequately to enable such men and women to realise the latent talent in them.

4.5 Coaching and selection procedures would be streamlined to ensure that mental/physical abuse of athletes, especially women, are totally avoided.

4.6 The Sports Department shall prepare time-bound and target-oriented action plans for the promotion of sports in the college;

5. Sports for All, Health for All

5.1 Sports activities would be spread throughout the length and breadth of the college by creating the requisite sports facilities to obtain maximum results under the objective of helping sportspersons of the State realise the latent talent in them;

5.2 Existing norms would be modified which is necessary to ensure outdoor playfields, indoor training halls;

5.3 Club culture would be promoted for gainfully utilising students' energy;

5.4 Special steps would be taken to encourage girls in the urban and rural areas to take up appropriate sports activity;