



അക്ഷരം:ഭാഷാ സാഹിത്യ-സാംസ്കാരിക മ്യൂസിയം

കോട്ടയം: ഇന്ത്യയിലെ ആദ്യത്തെ ഭാഷാ മ്യൂസിയമായ അക്ഷരം:ഭാഷാ സാഹിത്യ-സാംസ്കാരിക മ്യൂസിയം സന്ദർശിച്ച് സെൻ്റഗിറ്റ്സ് കോളേജ് ഓഫ് അഡ്വൈസ് സയൻസ് വിദ്യാർത്ഥികൾ. ഭാഷാപരവും സാംസ്കാരികവുമായ പൈതൃകത്തിലും അതിൻ്റെ നൂതന രൂപകൽപ്പനയിലും ശ്രദ്ധ കേന്ദ്രീകരിച്ചിരിക്കുന്ന മ്യൂസിയക്കാഴ്ചകൾ വിദ്യാർത്ഥികൾക്ക് നവ്യാനുഭവം സമ്മാനിച്ചു. മലയാള ഭാഷയുടെ പരിണാമം, കേരളത്തിലെ മലയാളം കയ്യെഴുത്തുപ്രതികളുടെയും അച്ചടിയുടെയും ചരിത്രം പ്രദർശിപ്പിക്കുന്ന ഗാലറികൾ, ഗൃഹാചിത്ര മാതൃകകൾ, റോക്ക് ആർട്ട് മാതൃകകൾ, പുരാതന കാലത്തെ എഴുത്തുപകരണങ്ങളുടെ മാതൃകകൾ എന്നിവയും പുതുമ നിറഞ്ഞ കാഴ്ചകളായിരുന്നു...

MoU signed with Confederation of Indian Industry



Kottayam: The MoU was handed over by Ms. Aashika Jain, Co-Chair of Yi Kochi, marking a strong step towards empowering youth with leadership, social responsibility, and innovation driven opportunities. It also aims to strengthen collaboration between academia and industry for mutual growth.

Expert Talk 2025 on "Building Resilience"

Kottayam: The Life Skills Club, in association with IQAC, organized Expert Talk on the topic "Building Resilience: An Introduction to Life Skills and Stress Management for Personal and Professional Growth" on 8th October 2025. The session was led by Ms. Greeshma Joseph N, District Coordinator of DREAM, who delivered an insightful talk on developing resilience, managing stress, and enhancing essential life skills. She emphasized adaptability, self-awareness, and emotional balance as key traits for overcoming challenges and highlighted the importance of problem-solving, time management, communication, empathy, and decision-making in personal and professional growth. Ms. Greeshma also explained the difference between acute and chronic stress,



encouraging participants to practice mindfulness and self-reflection to maintain mental well-being. The engaging session inspired participants to apply these life skills in their daily lives for holistic development.



Presidential Address by Principal Dr. Mathew Jacob

WORKSHOP ON DIGITAL LITERACY PROGRAM



Ithithanam Higher Secondary School, Malakunnam

Kottayam: On 7th October 2025, UBA Club, SCAS organized a workshop on 'Digital Literacy' Program for 10th grade at Ithithanam Higher Secondary School, Malakunnam, to empower students with essential digital literacy skills, enhancing their ability to access information, utilize digital tools, and productive technology use in their daily lives. The UBA Club student coordinators conducted the session with great enthusiasm, fostering awareness on digital literacy, cybersecurity, safe internet practices, and responsible online behavior among students.

"Swaralaya" : Duet Singing Competition



Duet Singing competition and winners

Kottayam: On October 14, 2025, the Music and Dance Club of Saintgits College of Applied Sciences organized "Swaralaya", a Duet Singing Competition that provided a

platform for students to showcase their musical talents and teamwork. Fourteen students participated, delivering captivating performances across various musical genres that highlighted their passion and harmony. The winners were Belva Mariam & Jemimah James (First Prize), Adhri Kishor & Sachin Nath (Second Prize), and Tina Rachel & Aeibel Thomas (Third Prize).

Expert Talk on 'The Art and Science of Content Writing'

Kottayam: The event began with a prayer song, followed by the welcome speech that officially opened the proceedings. The resource person was then introduced, providing insights into his background and expertise. The session, led by R Krishnaraj, Content Editor at Manorama Online shared valuable knowledge, engaging participants throughout. The session provided students with valuable insights into effective writing strategies and digital content creation. The session encouraged active participation and enhanced students' understanding of content writing as both a creative and analytical process. The event concluded with a vote of thanks, expressing gratitude to all participants and speakers.



R Krishnaraj, Content Editor, Manorama Online

Dance and Movement Therapy Session



Dance and Movement Therapy Session

Kottayam: The Mental Well-being and Soft Skills Club hosted an engaging Dance and Movement Therapy session on 15th October 2025 at the SG Seminar Hall. A total of 23 participants joined in, exploring ways to boost their emotional well-being, self-expression, and body awareness through fun and therapeutic movement activities.



KSE Ltd, Vedagiri Unit



INDUSTRIAL VISIT - KSE Ltd, Vedagiri Unit

The second-year BBA students of Saintgits College of Applied Sciences visited KSE Ltd., Vedagiri Unit on 8th October 2025 as part of their industrial visit. The students learned about the cattle feed manufacturing process, from raw material consumption to finished goods and packaging. The visit provided practical insights into production and operations management. The program was coordinated by Asst.Prof.PunnyaSudhakaran

Mental Health Awareness week

Kottayam: The Department of Psychology observed Mental Health Week from October 7th to 10th, 2025, to promote mental well-being through a series of focused activities aimed at both students and the wider community. The programme commenced on October 7th with the release of the department's magazine, Psychology Pulse, a platform for sharing articles and creative works on mental health awareness. On 8th October, an awareness session titled Campus Compass was conducted by psychology students for other departments, focusing on emotional well-being, stress management, and peer support. Extending its outreach, the department organized Mind Bridges, a community awareness program on October 9th October for Kudumbashree workers, covering basic mental health, self-care, and recognizing signs of burnout. The observance concluded on 10th October with the 'Mind Mirrors' mental health exhibition on campus, where students showcased informative charts, models, and posters. Overall, the Mental Health Observance Week successfully created awareness and promoted positive attitudes, demonstrating the department's commitment to extending psychological knowledge and empathy beyond the classroom.



“HERE TO HEAR”



Bethany Asramam, Kuzhimattom



Kuzhimattom: The Health and Accessibility Vertical of YUVA SCAS conducted “Here to Hear” on 7th October 2025 at Bethany Asramam, Kuzhimattom, as part of Mental Health Week and the International Day of Older Persons. The programme focused on spending quality time with the elderly through conversations, group activities, and fun games, creating a sense of belonging and emotional comfort. Overall, the initiative positively impacted the residents' emotional well-being and strengthened intergenerational bonding.

Mental Health Awareness Session For Students

Kottayam : On October 6, 2025, third-year psychology students Alfiya Sibi, Annie Jacob, Nimisha Raju, and Riya Biju Cherian conducted interactive mental health awareness sessions for students at Mahatma Ayyankali Memorial Government School (Kurichy), St. Elias School (Nalunakal), and Kristu Jyoti Higher Secondary School Chethipuzha.



mental health awareness session

BCA INDUSTRIAL VISIT - CDAC TVM

8th OCTOBER, 2025



ACHIEVEMENTS



SCAS college Women's Badminton Team Serin Saju, Jeni Saji, Ananyaa R Krishna, Seba Roy and Albina Aju emerged as Runners-up in the MG University Intercollegiate Badminton Tournament held at St. Dominic's College, Kanjirappally on 09-10-2025.



The final year students of Department of Commerce - Abel Sam, Allen Julian Abraham, and Nithin Sam bagged Second place with a cash prize of 25000/- for Business Plan Competition held at SB college Changanacherry on 10th October, 2025.



The students of the Department of Business Administration - Anakha Manoj, Ashwin T S and Ananthu Ashok have bagged the first position with a cash prize of 10,000 for the Business Plan Competition held at SB College, Changanacherry on 10th October 2025.