



HERITAGE WALK

Kottayam: With the objective of enabling our students to understand and appreciate the rich cultural heritage of Kottayam, a “Heritage Walk” was organized on 31 January 2026 from 9.30am to 1.00 pm. Municipal Chairman of Kottayam, Shri M.P Santhosh Kumar inaugurated the program. Principal Dr. Mathew Jacob briefed the participants about the significance of the program. The event included visits to historically significant sites in and around Kottayam. Places visited included Thayyil Mahadeva temple, Thirumala Venkateshwara temple, Valiangadi Street, Thazhatangadi Juma Masjid, Kottayam Valiyapally and Kottayam Cheriapally. The participant received cordial welcome and refreshments at all the sites visited. Students and faculty members actively participated in the event.



Investiture Ceremony



Kottayam: The YUVA Investiture Ceremony 2026 was held on 9 January 2026 at the SG Seminar Hall, where the newly elected YUVA members were formally inducted through a ceremonial badge distribution. The event also honoured the outgoing YUVA Chairs with certificates for their contributions and included reflections on their tenure. The ceremony concluded with leadership-focused speeches and recognition of the Health and Accessibility Vertical as the best-performing team.

Techmeridian – Extension Activity 2025-2026

Sachivothampuram: The Department of Computer Applications and Artificial Intelligence, in association with IGNITE (Computer Association) and IQAC, successfully organized “Techmeridian – Extension Activity” on 9th January 2026 at Mahathma Ayyankali Memorial Government U.P. School, Sachivothampuram. The primary objective of this outreach initiative was to provide school students with practical exposure to computer hardware assembly. The session offered hands-on training that enabled students to identify various hardware components and understand the step-by-step process of assembling a computer system. Through interactive demonstrations and guided practice, students gained foundational technical knowledge and developed a deeper interest in computer technology. The activity aimed to bridge the gap between theoretical learning and practical application, fostering technological awareness and skill development among young learners.



Chief Minister’s Mega Quiz

Kottayam: The Chief Minister’s Mega Quiz was conducted at the college level on 12th January with the objective of enhancing general awareness, promoting academic excellence, and fostering a spirit of healthy competition among students. The programme aimed to encourage students to stay informed about current affairs and diverse subject areas

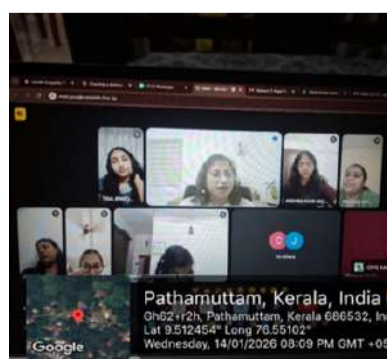


while developing teamwork and analytical skills. The quiz competition witnessed enthusiastic participation from students representing various departments. The event comprised multiple rounds covering topics such as current affairs and history in Kerala context. After competitive rounds, two teams emerged as winners at the college level. Based on their excellent performance, 2 teams were selected to represent the college at the District Level Competition held on 2nd February. The following students: Johan Alex Koshy, B.Com S6, Siddharth S, B.Com S6, Neevil Thomas B.Com S4, Anuja Udayakumar B.Sc Psychology, S4 represented college in district level competition

VENTURA-2026



Pathamuttam: “Ventura” Arts Fest was successfully conducted on January 15 and 16, 2026, showcasing a vibrant array of talents and achievements. The event featured a total of 38 offstage events and 17 onstage performances, highlighting the creativity and skills of participants. The fest was inaugurated by Prof. Mini Punnoose, Director of MCA. Sapphire house secured the champion position, with Topaz House in second place. Assistant Professor Shini Elza Mathews was named Best House In-Charge, while Alen Joseph and Alena Mariya George were recognized as the Best House Captains. In individual achievements, Anjela M. Jossy from the B. Com department won the Kalathilakam title, and Stefan Koruth Shaji from Psychology department was awarded Kalaprabhitha.

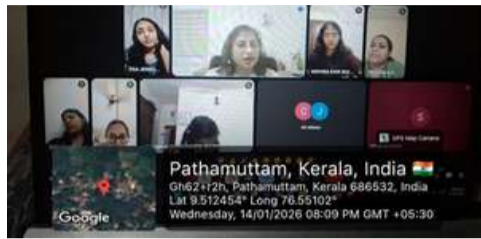


On 22 January 2026, Psychology Department organized an invited talk called “Practical Explorations on Learning and Memory” as part of the Psychathone Series 3, where the resource person was Ms. Deepti Krishna, a Consultant Psychologist. The main topic of the talk was learning and memory, which means understanding how our brain stores information and helps us remember things in our daily life. Ms. Deepti Krishna explained practical ways and techniques that help us learn better and improve our memory so we can study more effectively and remember things for longer periods. The program helped students discover simple and useful strategies to enhance their learning abilities and memory skills, making them more confident and successful in their academic and personal lives.

Psychathone Series 3

"Exploring Emotional Regulation Through Psychological Lens"

On 14 January 2026, Psychology Department of Saintgits College of Applied Sciences organized an invited talk "Exploring Emotional Regulation Through Psychological Lens" as part of the Psychathone Series 2, where the resource person was Ms. Alfa Mathew, a Consultant Psychologist. The main topic of the talk was emotional regulation, which means learning how to understand and control our emotions in a healthy way. Ms. Mathew explained why it is important to manage our feelings properly so we can live a better life and face daily challenges with confidence. The program helped students learn simple and practical ways to deal with stress, sadness, and other emotions they face every day, making them emotionally stronger and more resilient.



"Care Behind the Wheel"



Kottayam: The "Care Behind the Wheel" initiative by YUVA SCAS Road Safety Vertical was conducted on 22 January 2026 to appreciate drivers across various transport sectors for their safe driving and daily responsibility, in connection with World Drivers' Day on 24th January. The program included voluntary reflections from drivers and documentation through photos and videos. These were later compiled into an appreciation reel.

SOCIAL OUTREACH VISIT

Kottayam: The Department of Computer Applications and Artificial Intelligence, Saintgits College of Applied Sciences, Pathamuttom, organized a Social Outreach Visit to Ashraya, Kottayam, on 29 January 2026. The visit was conducted as part of

department's community engagement initiative to instill social responsibility, empathy, and humanitarian values among students. A total of 66 students from BCA Semester 2, accompanied by 4 faculty members, participated in the outreach programme. The team was warmly welcomed by the management and staff of Ashraya. The authorities briefed the students about the mission, objectives, and various services provided by the institution. They also shared insights into the challenges faced in caring for the residents. Students actively interacted with the inmates, spending quality time engaging in conversations and participating in recreational activities. Cultural performances and informal interaction sessions created a joyful and emotionally enriching atmosphere. As part of the outreach initiative, the students contributed essential items to support the needs of the institution. The gesture reflected the spirit of service and collective responsibility upheld by the department.



SCRIPT SQUAD

Kottayam: The event was conducted by PG department of Computer Applications and AI in association with IQAC, IEDC and IGNITE as part of the department's initiatives to promote innovation, problem-solving, and practical exposure to emerging technologies. The event was organized in two rounds. The first round, comprising idea submission, was conducted in online mode from 24th January 2026 to 26th January 2026. Participants submitted innovative ideas addressing real-world social and sustainability challenges using artificial intelligence. The second round was conducted in offline mode from 29th January 2026 to 30th January 2026 and spanned 24 hours. Shortlisted teams participated in an intensive development phase where they transformed their ideas into working solutions, followed by a presentation evaluated by Asst.Prof Aishwarya R. Lakshmi and Asst.Prof Sreejit Ramakrishnan.



"ആർദ്രം"

Kuzhimattom: The National Service Scheme in association with IQAC successfully conducted "ആർദ്രം" old age home visit at Kottukulam Visranthi Asramam, Kuzhimattom on 17/1/2026. The primary purpose of visit was to connect with and bring joy to the elderly residents. It was an opportunity to offer companionship, share stories, and make them feel valued and cared for.



Athletic Fiesta

Pathamuttom: The Department of Physical Education of Saintgits College of Applied Sciences, Kottayam organized the 16th Annual Sports Meet "Athletic Fiesta 2025-26" on 13 January (Tuesday) from 9:15 AM to 4:00 PM. The programme was inaugurated by the College Principal, Dr. Mathew Jacob. The event was organized under the guidance of Asst. Prof. Uttam Kumar, Head of the Department of Physical Education, and Sports Convenor Lr. Tony Greechen. Various athletic events and competitions were conducted with the active participation of students. Emerald House won the Overall Championship, while Sapphire House secured the second position and Topaz House secured the third position. The programme concluded successfully with the cooperation of students and faculty members.



INDUSTRIAL VISIT



Industrial Visit conducted as part of the Study Tour Programme by the Department of Psychology.



BBA industrial visit, at Harrison Malayalam Tea Estate.

സ്നേഹപൊതി 2.0

"വിശക്കുന്ന വയറിനൊരു കൈത്താങ്ങേ.
സ്നേഹം നിറച്ചൊരു പൊതിച്ചോര്.."



National Service Scheme

Sankalp-Poster Making Competition



Sareena Sera Saju
S6 B.Com CA B



Priscilla Elsa John
S6 B.Com CA B

ACHIEVEMENTS



Angela M. Jossy, Noufalsha S6B ,Christine Philip S4 A, Nenet S4 B. won 1st prize in the Best Management Team competition with a cash prize of ₹6000 in the fest organised by Assumption College, Changanassery



Students of the Department of Business administration- Aswin TS, Ananthu Ashok, Elaine Shaji and Rachel Chandy won 2nd prize for Product Launch competition with a cash prize of ₹4000 in the Management Fest organized by Assumption College, Changanaserry.

Students of the Department of Business Administration- Aswin T S, Ananthu Ashok & Aron Binoj Papachan won 1st prize for Idea Pitching Competition with a cash prize of ₹6000 in the Commerce Fest organized by S.B. College, Changanaserry.



Congratulations to the winners of the Case Study Competition organised by Rajagiri College of Social Sciences on 20th January 2026. Our students Ms. Ria Sara George, Ms. Harsha Susan Joseph, Mr. Alan Joseph, and Mr. Ashwin S Nair of BBA Department bagged the second prize with a cash prize of Rs.15,000.

CODE CLASH - ALL KERALA TECH FEST WINNERS



SHARATH S NAIR
(BCA 3rd year)



GEO THOMAS VARGHESE
(BCA 2nd year)

Organised by Bishop Vayalil Memorial Holy Cross College,Cherpunkal